

Online Health Information You Can Trust

**Consumer Health Complete** provides health information to support patients' better understanding of health and wellness related topics. Log on to access more than 700 full text journals, including American Fitness, Better Nutrition, Harvard Health Letter publications, HealthFacts, American Family Physician, Men's Health, Muscle & Fitness Hers, Prevention, Vegetarian Times. Included in this database are also encyclopedias, reference books, Clinical Reference System and Clinical Pharmacology reports. This full text database covers topics such as aging, cancer, diabetes, drugs & alcohol, fitness, nutrition & dietetics. Made available through Providence Public Library at [www.provlib.org](http://www.provlib.org), then go to Databases and Links, to **Consumer Health Complete**.

**To enter the database**

[EBSCO Support Site](#)

Please contact your library administrator to obtain a Patron ID

Patron ID

Type in your library card and click the Login button

Choose [Consumer Health Complete](#)

The easiest way to find your information is to search for it

Search

Find:

Type in search      Possible keywords will show up      Process search      Hit to start over

To help try using some of the words to modify the search

And	Or	Not
Each result contains <b>all</b> search terms.	Each result contains <b>at least one</b> search term.	Results <b>do not contain</b> the specified terms.
The search <i>heart and lung</i> finds items that contain <b>both</b> <i>heart</i> and <i>lung</i> .	The search <i>heart or lung</i> finds items that contain <b>either</b> <i>heart</i> <b>or</b> items that contain <i>lung</i> .	The search <i>heart not lung</i> finds items that contain <i>heart</i> <b>but do not contain</b> <i>lung</i> .

Once you have a list of information you may find it overwhelming. Use the filtering bar to pull up only what you want.

<b>All Results</b>	Evidence-Based Reports	Encyclopedias	Reference Books	Fact Sheets & Pamphlets	News	Drug & Herb Information	Alternative Sources	Images & Diagrams
Overwhelming	Very Technical	Full text articles	Quick and direct info	Information in the media	Meds related to the problem	Other sources	Pictures related to the problem	

To change the way the information is listed click the sort by pull down

Sort by: Relevance ▼

Date

Source

Author

This is very useful. Choose date to see all the newest data or by author to have it alphabetized

Easy alphabetic setup to find any medical issue. Just click on the letter that the issue begins with.

Quick Find

**Find a disease, condition, injury or procedure:**

<a href="#">A</a>	<a href="#">B</a>	<a href="#">C</a>	<a href="#">D</a>	<a href="#">E</a>	<a href="#">F</a>	<a href="#">G</a>
<a href="#">H</a>	<a href="#">I</a>	<a href="#">J</a>	<a href="#">K</a>	<a href="#">L</a>	<a href="#">M</a>	<a href="#">N</a>
<a href="#">O</a>	<a href="#">P</a>	<a href="#">Q</a>	<a href="#">R</a>	<a href="#">S</a>	<a href="#">T</a>	<a href="#">U</a>
<a href="#">V</a>	<a href="#">W</a>	<a href="#">X</a>	<a href="#">Y</a>	<a href="#">Z</a>		

**Once you have found the article, decide how you want to read it**

[Migraine](#) Conditions & Procedures InBrief, 02/01/2006

 [HTML Full Text](#)

[PDF format](#)

Html is easiest and shows up like a regular webpage

PDF requires Adobe Reader (Free). It gives more options. Might be better for long articles

**Once you have read the article, decide what to do with it**

 [Print](#)  [E-mail](#)  [Save](#)  [Add to folder](#)

Click this button to put it in the best format for printing

Send to someone

If signed in you can save and find it later

If signed in you can save to a folder for easy organizing

**What else can I do?**

 [Folder](#) [Preferences](#) [Help](#) [Exit](#) [Language](#) 

Check all your saved items

Change the look and feel

Contains tutorials and tips

Click when done

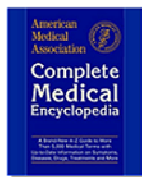
Select the language to use

**Don't forget to check out the other resources**

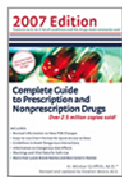
Browse popular books and other sources

The Health Highlight always has something interesting to read

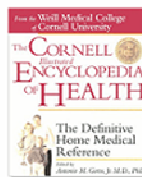
**Browse Popular Sources**



[AMA Complete Medical Encyclopedia](#)



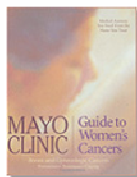
[Complete Guide to Prescription & Nonprescription Drugs](#)



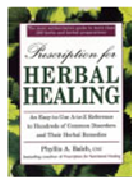
[Cornell Illustrated Encyclopedia of Health](#)



[Mayo Clinic Family Health Book](#)



[Mayo Clinic Guide to Women's Cancers](#)



[Prescription for Herbal Healing](#)

**Health Highlight**

**May is Mental Health Month**

Did you know that one in ten US adults suffers from depression? [Read more](#)

